REFUA SHLEYMA: Names submitted for the Refua Shleyma list will be read from the Bimah on Shabbat. The full list is available in the e-version of the Shabbat Bulletin.

YAHRZEITS: Sara Fishman, mother of Miriam Libman; Leon Redman, father of Scott Redman; Irving Tatelbaum, father of Geoffrey Tatelbaum; Max Savetsky, father of May Schneiderman; Flora Mary Abrams, mother of Alvin Abrams; Ben Anspach, founder of TBS-EV and friend of Elliott and Suzanne Goldstein; Loraine Burnett, mother of Myrna Uditsky; Frances Cherwin, mother-in-law of Allen Simon; Nathan Harris, father of Ruth Levin; Seymour Savetsky, brother of May Schneiderman.

CONDOLENCES: It is with great sadness that we inform you of the passing of **Hal Gold**, father of Barbara Gold. Notes of Condolence may be sent to Barbara at **15028 S. 21st Place**, **Phoenix**, **85048**. The family appreciates the thoughts and prayers of the community during this very difficult time.



HaMakom yenakhem etkhem b'tokh she'ar avelei Tzion Virushalayim. May God comfort you together with all the other mourners of Zion and Jerusalem

| Executive Board of TBS-EV | | | | |
|---------------------------|----------------------|--------------|---------------------------|--|
| President | Bryan Cederbaum | 480-321-6545 | president@tbsev.org | |
| Executive VP | Tal Yardeni | 480-236-5157 | execvp@tbsev.org | |
| VP Business Admin | Consuelo Davila Ruiz | 602-575-6255 | vpadmin@tbsev.org | |
| VP Facilities Admin | Jaime Chait | 480-452-8890 | vpfacilities@tbsev.org | |
| VP Ritual | Sandy Wechsler | 201-956-5649 | vpritual@tbsev.org | |
| VP Finance | Jill Glickman | 480-993-3928 | vpfinance@tbsev.org | |
| VP Education | Debbie Posniack | 602-622-0550 | vpeducation@tbsev.org | |
| VP Membership | Karen Otero-Fisher | 757-589-9680 | vpmembership@tbsev.org | |
| Secretary | Lisa Adamsen | 480-752-9596 | secretary@tbsev.org | |
| Treasurer | Frank Rosenberg | 602-292-1991 | treasurer@tbsev.org | |
| Past President | Steve Millman | 480-632-0603 | pastpresident@tbsev.org | |
| Office Manager | Michele Millman | 480-897-3636 | Michele.millman@tbsev.org | |



Temple Beth Sholom of the East Valley



November 30, 2019 / 2 Kislev 5780

Parashat Toledot

Genesis 25:19-28:9

(Etz Hayim p. 146-161; Hertz p. 93-101)

1 Samuel 20:18-42

(Etz Hayim p. 1216-1218; Hertz p. 948-950)



Greeters

Friday—Jaime Chait Saturday—Consuelo Davila Ruiz

Announcements

Friday—Steve Millman Saturday—Joel Finkel





Friday Night Oneg and Saturday Morning Kiddush Sponsored by TBS-EV

ADMINISTRATION OFFICE HOURS:

Monday—Friday, 10:30am—2:30pm Closed Sunday

Rabbi Herschel "Brodie" Aberson 3400 N. Dobson Road, Chandler, AZ 85224; 480-897-3636 website: tbsev.org; email: office@tbsev.org

The Week at a Glance

| .Fri | Nov 29 | 6:00pm Shabbat Services |
|------|--------|-------------------------|
| Sat. | Nov 30 | 9:00am Shabbat Services |
| | | |

Campus Closed—No Religious School or Regular Classes Dec 1 Sun.

Mon. Dec 2 9:30am Tai Chi

6:30pm Tefillah Class Tue. Dec 3

Wed. Dec 4 4:30pm Religious School; 6:30pm Adult Hebrew

Thu. Dec 5 4:30pm Introduction to Yoga Fri. Dec 6 6:00pm Shabbat Services

Sat. Dec 7 9:00am Shabbat Services; Following Kiddush, TBS-EV Book Club Dec 8 Sun.

9:00am Religious School, Morning Minyan; 9:30am Maimonides

Class, Zumba; 10:00am Judaica Shop Hanukkah Shopping Day;

12:30pm TBS-EV Board Meeting.

TBS-EV BOOK CLUB: Please join us on Saturday, December 7th for our monthly book club meeting. We will be discussing *The Lake on Fire* by Rosellen Brown, immediately following Kiddush, in the Social Hall. Please RSVP to Rebecca Berkowitz at Rebecca.Berkowitz@tbsev.org.

MONTHLY BOARD OF DIRECTORS MEETING: The next Board of Directors of TBS-EV monthly meeting is on Sunday, December 8th, beginning promptly at 12:30pm. All Board members will be in attendance reporting on their duties and assignments. The Board meeting is OPEN to all TBS-EV congregants and all are welcome! Your inputs as TBS-EV members welcome during an open forum, at the end of the Board meeting.

SISTERHOOD ZUMBA FUN DAY: Please join Sisterhood on Sunday, **December 8th** for Zumba, led by Karen Otero-Fisher from 9:30— 10:30am. Water and granola bars provided by Sisterhood. Please RSVP to Sisterhood@tbsev.org so we can make sure to have enough supplies.





Los próximos servicios en español serán el sábado 14 de diciembre a las 9:00 de la mañana. The next Spanish Services will be on Saturday, December 14th, 9:00am.



Please join us on Friday, December 20th at 6:00pm for our Family Shabbat Service. We would love for you to join us for this energized service and follow it with a vegetarian or vegan dinner. Adults: \$7; children 12 years and younger: \$4; families: \$18. To ensure we have enough food. please RSVP by Wednesday, December 18th by contacting the office at (480) 897-3636 or ShabbatDinner@tbsev.org. Online payment and RSVP

can be made at tbsev.org.

LATKES, VODKA AND BEER: Adults Only Men's' Club/Sisterhood Chanukah Party: Please join us at 7:00pm on Dec. 22nd for food, drinks and to socialize. Hear Gidi Goldberg -TBSEV member and Beer Chef at The Hungry Monk Restaurant discuss Beer Pairings. Please bring a can/package of non-perishable food for a shelter. For questions contact: Joe.Wechsler@tbsev.org or Sandy.Wechsler@tbsev.org.

EAT SMART, MOVE MORE, MAINTAIN, DON'T GAIN! HOLIDAY CHALLENGE:

One Latke, 2 Latkes.... It's the holiday of oil and sadly, weight gain. Rather than focusing on trying to lose weight, this FREE seven-week challenge provides you with strategies and resources to help maintain your weight throughout the holiday season. Last year, more than 39,000 people from around the world participated. Now it's time for the 2019 Holiday Challenge! For info and to register go to https://esmmweighless.com/holidaychallenge/

HEALTHY LIVING LIFESTYLE CHALLENGE: TBS-EV Healthy Lifestyle Challenge 2020 will be starting in January. Come learn about goal setting, menu planning, label reading, healthy cooking, and much more! Taught by Registered Dietitian Nutritionists. If you are interested in joining or for more information, email Helen Jaffa at helen.jaffa@tbsev.org.

JUDAICA SHOP: With the Judaica Shop's expanded hours you'll be sure to get all your gifts and gelt! Wed., Dec. 4th, 4:15—6:15pm; Sun., Dec. 8th, 9:30am—12:30pm (Hanukkah special sales event); Wed., Dec. 11th, 4:15—6:15pm; Sun., Dec. 15, 9:30am—12:30pm; Sun., Dec. 22, 9:30am—12:30pm.

JESSIE KIELSKY'S BAT MITZVAH PROJECT: Jessie is working with A New Leaf, an organization that helps homeless families. The theme is "Kids Helping Kids" - she will be collecting items that will go to children up to middle school age that reside in the organization's shelters and residential facilities. Donation suggestions: movie passes, \$5-\$10 fast-food gift cards, board and card games, Lego sets, sports balls or other outdoor activity items, and S.T.E.M. or S.T.E.A.M. kits/activities/sets. Donations may be given to Jessie at the synagogue or they can be dropped off at the Rabbi's office.

VOLUNTEER NEEDED: An office volunteer is needed for Tuesdays, from 10:30— 2:30pm. If you are able to fill this position, please contact Michele Millman at michele.millman@tbsev.org.

MAIMONIDES CLASSES: Our ongoing study of two classics of rabbinic literature by the great medieval philosopher, Moses Maimonides, has resumed on Sunday Mornings in the Office Conference Room. It begins at 9:00am, with davening, followed at 9:30am with classes taught by Professor Norbert Samuelson and Isaac Levy.

PLEASE SUPPORT TBS-EV BY SHOPPING AT AMAZON:

Please help generate donations for TBS-EV when you purchase items at Amazon using AmazonSmile -smile.amazon.com. e AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases.

CARTRIDGE RECYCLE: Please donate your used printer cartridges. Place your used cartridges in the box located on the counter in the Administration Office. We have been paying for most of our office supplies for several years through the money we receive from recycling printer cartridges. Please help us keep this worthwhile endeavor going.